

HMS COUNSELING DEPARTMENT

Anjelica Nichols - 6th Grade | Taylor Branson - 7th Grade | Hannah Roberts - 8th Grade
Umar Tate - All Grade Levels - College & Career Mentor



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COLLEGE & CAREER
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Student Motivation

LEARNING IS NOT LIMITED TO THE CLASSROOM. WHILE THE CLASSROOM WILL LIKELY BE THE PRIMARY SOURCE OF INSTRUCTION, INTELLECTUAL, SOCIAL AND ACADEMIC GROWTH SHOULD EXTEND OUTSIDE THE WALLS OF THE CLASSROOM - IF YOU WANT TO REALLY ENHANCE A CHILD'S DESIRE AND ABILITY TO LEARN.

- Develop an atmosphere of reading
- Encourage open and sincere communication
- Encourage different types of learning styles
- Share your enthusiasm for learning
- Help your child stay organized
- Recognize and celebrate achievements
- Focus on strengths
- Make every day a learning day

LEARN MORE HERE!



SCAN ME



WHAT'S HAPPENING IN YOUR STUDENT'S GRADE LEVEL



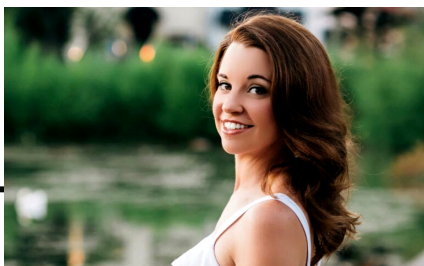
ANJELICA NICHOLS

6TH GRADE COUNSELOR

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- 02 LESSONS THE WEEK OF NOVEMBER 14TH - STUDENTS WILL EXPLORE PERSONAL VALUES AND HOW THESE EFFECT THEIR WORLDVIEW AND DECISIONS THEY MAKE.
- DIVERSITY CLUB NEXT MEETING ON NOVEMBER 17TH
- STUDENTS WILL EXPLORE WHAT THIS TIME OF YEAR LOOKS LIKE IN DIFFERENT CULTURES AND PLAN NEXT SEMESTER'S SERVICE PROJECT.
- ANXIETY SMALL GROUPS ARE UP AND RUNNING
- MORE THAN 20 STUDENTS OPTED TO PARTICIPATE IN A SMALL GROUP TO WORK ON STRESS AND ANXIETY MANAGEMENT.
- 6TH GRADE STUDENTS HAVE SUBMITTED MORE THAN 140 REFERRALS TO THEIR COUNSELOR! KUDOS TO THE STUDENTS FOR BEING STRONG ADVOCATES FOR THEMSELVES!



TAYLOR BRANSON

7TH GRADE COUNSELOR

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- THIS QUARTER IN 7TH GRADE WE WILL BE LEARNING ABOUT SELF- REGULATION SKILLS
- IN QUARTER 1, 7TH GRADE STUDENTS LEARNED ABOUT FRIENDSHIP AND EMPATHY.
- COUNSELING REFERRALS
- 72 STUDENT REFERRAL FORMS SUBMITTED SO FAR THIS YEAR.
 - STUDENTS ARE ABLE TO SELF REFER IF THEY HAVE SOMETHING THAT THEY NEED ASSISTANCE WITH FROM THEIR SCHOOL COUNSELOR. STAFF MEMBERS ALSO ARE ABLE TO REFER IF THERE IS A NEED. PARENTS ARE ALWAYS WELCOME TO REACH OUT VIA PHONE, EMAIL OR THE PARENT REFERRAL FORM ON THE SCHOOL WEBSITE. KNOXSCHOOLS.ORG/HOLSTONMS



HANNAH ROBERTS

8TH GRADE COUNSELOR

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- 02 ERIN'S LAW LESSON IN ELA CLASSES
- HIGH SCHOOL PERMISSION SLIPS
- MAGNET PROGRAMS SCHEDULED FOR JANUARY 12TH
- PEER MEDIATION TRAINING FINISHED AT THE END OF OCTOBER
- PROJECTU NEXT MEETING NOVEMBER 15TH . LAST ONE OF THE SEMESTER DECEMBER 13TH



COLLEGE & CAREER CORNER

At Holston, we are gearing up to start offering exciting college and career opportunities for our students. This will include, but is not limited to college and career fairs, career exploration through YouScience and field trips that will allow them to explore different post-secondary jobs and opportunities!

Did you know that Tennessee has more than 80 colleges and universities that can give your student the knowledge they need to succeed in whatever field they choose?

Check out collegefortn.org for more information!



UMAR TATE

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